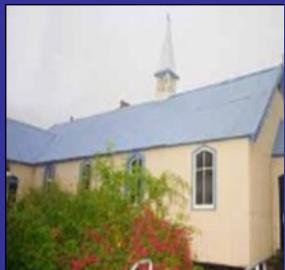




# Parish Newsletter

St Fillan's, King St, Newport-on-Tay

Our Lady Star of the Sea, Queen St, Tayport



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**5<sup>th</sup> Sunday in Ordinary Time 8<sup>th</sup> February 2026**

Year: A(II). Psalm week: 1 - Liturgical Colour: Green. Year: A(II).

**Come, ring out our joy to the Lord; hail the God who saves us, alleluia.**

First Reading: Isaiah 58:7-10 - 'Your light shall break forth like the dawn.'

Responsorial Psalm: Ps 112(111):4-5. 6-7. 8a, 9. R4a - 'A light rises in the darkness for the upright.'

Second Reading: 1 Corinthians 2:1-5 'I proclaimed to you the mystery of Christ crucified.'

Gospel: Matthew 5:13-16 'You are the light of the world.'

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#### **HOLY MASS TIMES**

Our Lady Star of the Sea: Saturday Vigil 5 pm

Eucharistic Service: Monday and Friday 10 am

St Fillan's: Sunday Mass 10.15 am

Days on which Bishop Andrew will be sharing Mass at St Fillan's can be found on the special Whatsapp Group set up by Sam Morton. <https://chat.whatsapp.com/COZWXsnfWEZ6ZKK3IUBZLP>. Days vary with diocesan duties.

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#### **Mgr Pat's Corner**

#### **Salt and Light**

In today's Gospel Jesus calls on Christians to be 'salt to the earth and light to the world'. Salt has an immediate effect and even a little makes such a difference in seasoning food.

Light too has an immediate effect and even a little can light up a darkened room. Think of phrases such as 'a light bulb moment', 'it just dawned on me', 'she's the light of my life' and so on.

However, there are times when salt and light can go unused, or lose their impact: for example, when sitting in a salt shaker, or putting a light under a tub. As Jesus says, if salt becomes tasteless it is good for nothing and can only be thrown away. And light should be put on a lamp-stand so that it shines for everyone in the house.

The importance of salt and light is that they are meant to make a difference, and that is what Jesus calls us to do as his followers - to make a difference!

The Gospel ends with Jesus encouraging us to let our light shine so that seeing our good works people will give praise to our Father in heaven. That is the challenge for all of us as Christians: striving to live a life that points to the goodness of God.

Mgr Pat

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#### **SPECIAL PRAYERS**

Remember in your prayers Bishop Andrew's father Hugh McKenzie who died at the weekend. May he rest in peace. Please pray for those whose anniversaries fall around this time – including Joseph Thorley, father of Mary Dowie. Pray for those working for Peace across the world. To request prayers or Priestly assistance. Email Mgr Pat.

## Feasts and Solemnities

### **Tuesday 10<sup>th</sup> February St Scholastica (480-547) – virgin, white**

She was born in Nursia in about 480, the twin sister of St Benedict. She was dedicated to God from an early age and followed her brother to Cassino, where she died in about 547.

### **Wednesday 11<sup>th</sup> February -Our Lady of Lourdes – white**

In 1858 the immaculate Virgin Mary appeared to Bernadette Soubirous, near Lourdes in France, in the cavern called "de Massabielle." Through this poor, fourteen-year-old girl, Mary calls on sinners to change their lives. She has inspired in the Church a great love of prayer and good works, especially in the service of the poor and the sick.

### **Saturday 14<sup>th</sup> February - St Methodius – Bishop (826? - 885) – white**

He was born in Thessalonica. With his brother Cyril he went to Moravia to preach the faith. They translated liturgical texts into the Slavonic language and invented the Glagolitic and possibly also the Cyrillic alphabet. After his brother's death he went to Pannonia, where he was assiduous in the work of evangelization. In the complicated international politics of the time he suffered much from attacks by his enemies, but he was always supported by the Popes. He died on 6 April 885.

### **Saturday 14<sup>th</sup> February - St Cyril – Monk (827? - 869) - white**

He was born in Thessalonica and was educated in Constantinople. With his brother Methodius he went to Moravia to preach the faith. They translated liturgical texts into the Slavonic language and invented the Glagolitic and possibly also the Cyrillic alphabet. They were called back to Rome, where Cyril died on 14 February 869.

### **Saturday 14<sup>th</sup> February – St Valentine – (269-270) - red**

St. Valentine is believed to have been executed by beheading on February 14, around 269–270 AD, in Rome. He was a 3rd-century Roman priest or bishop martyred for defying Emperor Claudius II by secretly performing marriages for Christian couples and, according to legend, attempting to convert the emperor Pope Gelasius I, recognized a Valentine as a martyr in 496 AD, noting his acts were "known only to God". Various sites across Europe, including Dublin, Rome and Glasgow claim to possess his remains. A popular account tells of a Roman priest executed for marrying young couples against the wishes of Emperor Claudius II, who believed single men made better soldiers. Legend has it that while in prison, he reportedly befriended and healed the blind daughter of his jailer, Asterius, signing a final letter to her as "from your Valentine".

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**Epiphany to Emmaus sessions**, guided by the liturgical cycle, have resumed, at St Mary's Church Hall, Forebank Rd at 7 pm on Wednesdays. They aim to serve anyone seeking deeper engagement with their Faith, as well as those seeking to join the Church.

**Pancake Tuesday** – Come eat with us. 17<sup>th</sup> February at 7 pm. Venue King Street UF Church. Quizzes, discussions, pancakes, cups of tea. All Welcome.

**Lent for Everyone:** shared reading of Matthew with conversation, teas and coffee in Newport (on Thursday starting 26<sup>th</sup> February 7 – 8.30 pm) and in Tayport (on Fridays starting 27<sup>th</sup> February 4 – 5.30 pm) to prepare through Lent. Further information available from - [pk@doctor.org.uk](mailto:pk@doctor.org.uk)

**A Cuppa and a Chat** – Tuesdays 10 – 12 noon at Tayport Parish Church. Donations gratefully received. All Welcome, nice chance to catch up with or meet new friends.

Bishop Andrew invites people to a Requiem Mass for Pope Francis on April 26<sup>th</sup> at 2 pm at St Andrew's Cathedral.

Pope Francis was a radical force, reminding us all of the values held dear by his namesake, St Francis of Assisi – a call to remember our place as created beings in a created world alongside other creatures and created forms, which we have a duty to look after and respect. His death should not allow us to forget the truths he pointed out to us.

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Following on the topic of Synodality, the Cathedral's 4 Parish newsletter for 18<sup>th</sup> January describes the 'Conversations in the Spirit' held by each parish group. The ideas discussed signpost how the Church grass root communities might expand to serve all its members and reach out to others in our changed times. So, things are happening! People are coming together. Do be ready with your thoughts to help make our parish Conversation a live process to make changes happen and help energise so connections stretch beyond the allotted service time, reinforcing an extended community.

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### **SCIAF LENTEN BOXES**

These are now available at the back of the Church. Please take one and return them to the Church during Holy Week.

The theme for this Lent is: **Let Justice Flow - Share Water - Share Hope**. Your 'Wee Box' can make a difference! Please Remember if you are a tax payer you can sign up for Gift Aid, every little helps.

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Thank you for continuing to support the Food Bank. Remember also to keep an eye out for double wool. Help with the Café is welcomed. And please do consider joining those who perform important service through cleaning our churches.